

BIDDEFORD CHURCH OF CHRIST

266 POOL STREET - P.O. BOX 331 - BIDDEFORD, ME 04005

NOVEMBER 24, 2019

HOLIDAY CHEER

BY DENNIS GODIN

With the holiday season now upon us, it is an exciting time for many as family and friends come together to share old memories and create new ones. That being said, this very season also brings a heightened level of anxiety and depression. Consider the following: In a survey, some 38% of people said their stress level increased during the holiday season, with the top stressors being lack of time, lack of money, gift-giving and family gatherings. As Christians, we are not immune to these genuine and often debilitating thoughts. Without over-simplifying things, what are some things we can learn from God's word to help combat such things? Or, as one person shared with me recently, what tool can we put in our tool belt to help us on our way?

Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God;

Philippians

4:6

Are you kidding me?! I know, this verse can cause such turmoil in the minds of



Christians. What does the word anxious mean? It means to be troubled with cares. It is also used in Luke 10:41 by Jesus. He reasons with Martha saying, "you are worried and troubled about many things." Those "many things" resulted in her being "distracted with much serving" (Luke 10:40). So, anxiousness is an inner thought that causes us to be distracted. Such distractions tend to cause uneasiness, which in turn, rob us of a sense of peace. Prayer provides a means in which we can seek anew His peace, a peace that "surpasses all understanding" (Philippians 4:6).

Finally, brethren, whatever things are true...meditate on these things.

Philippians 4:8-9

SCHEDULE OF ASSEMBLIES

SUNDAY
BIBLE CLASS 9:30A.M.
WORSHIP 10:45 A.M.
MID-WEEK STUDY
TUESDAY 7-8 P.M.
(BIDDEFORD)

Elders

Tony Lemay (207)651-3369
Dennis Godin (207)651-3588

Deacons

John Carter (207)229-8516
Matt Sampson (207)251-3030

Ministry Leaders & Staff

Education - Antonio Balsamo
(207)286-0514
Youth - Angel Velez
(207)730-9889
Worship - Abe Damuth
(207)608-1784
Building - Joe Romano
(207)281-3929
Grounds - Lenny Spano
(207)569-8800
Fin./Benev. - John Carter
(207)229-8516
Fellowship - Matt Sampson
(207)251-3030
Secretary - Mike Wickwar
(207) 432-2272

Ladies Ministry

Debbie Godin (207)286-4821
Barbara Lemay (207)850-0084

BIDDEFORD CHURCH OF CHRIST

AS EACH PART DOES ITS WORK

How important is encouragement to you? Note someone you have not seen in worship lately and give them a call or send them a card. Who knows, your words of encouragement could make an eternal difference.

"Sirs, what must I do to be saved?" - Acts 16:30

Hear the Gospel - John 6:44-45; Romans 10:14, 17

Believe [trust in] God - John 3:16; 8:24; Ac 16:31; Heb 11:6

Repent of sins - Luke 13:1-5; Acts 2:38; 3:19; 17:30

Confess Christ - Mt 10:32-33; Ac 8:36-37; Rom 10:8-10

Be baptized - Mk 16:16; Ac 2:38; 8:36; 22:16; 1 Pet 3:21

Be faithful unto death - Mt 7:21; 10:22; Heb 5:9; Rev 2:10

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"Salvation is found in no one else, for there is no other name under heaven given to men by which we must be saved."

~ Acts 4:12 ~

Ladies Corner

Please contact Debbie or Barbara to help plan Ladies Day!!!

Thank You,
Debbie and Barbara

Last Week's Numbers:

Attendance: 46 Contribution: \$ 1511.50

"HOLIDAY CHEER"

(CONTINUED)

With prayer as one tool to use to fight against anxiousness, we consider another which is equally effective, but more than likely seldom used. It may not even be in our tool belt. What is it? Meditation. What is meditation? Well, the KJV uses the words "think on" to try and help us understand. The Greek word means to consider, take account, weigh. Let's examine the idea of anxiety; that is, it is a state of mind where we find ourselves thinking about a particular concern for a period of time. So, meditation is a redirecting of what we are focusing on; that is, what we are thinking. Paul lists some options that we can use to help refocus and ease our anxiousness: noble things, just things, pure things, lovely things, things of good report, praiseworthy things. When we seek His strength to help change our focus, the "peace of God will be with you" (Philippians 4:9).

May our Lord and Savior give you strength this year to grasp the true peace that can be ours through His amazing love for us. If you find yourself troubled in heart today, may His grace comfort you. Maybe these tools can help empower you to fight against the holiday blues. God bless us all this holiday season.

Dennis

ANNOUNCEMENTS

We're on Facebook– Biddeford church of Christ is on Facebook! There is a profile, which is public, and there is a closed group, for current Biddeford church family only, where we can share photos, prayer requests, announcements, etc. The public cannot see posts in the BCOC FB group. Only members can.

Men Leading in Worship - The men who serve in worship are asked to meet in the cry room or, if it is in use, a classroom promptly at 10:30 to confirm assignments and go to God in prayer.

Building Lights - If you are the last person leaving the building, please be sure to turn off all the lights, check that all windows are shut, and the doors are locked.

Bulletin /- Prayer List - If you have a prayer request or an announcement for the bulletin, please contact Mike Wickwar at 432-2272 or email him at mickwick@yahoo.com by Friday of each week. Anything given after Friday may not make it into that Sunday's bulletin.

Reminder: Please turn off your cell phone or place it on vibrate during Bible study and worship.

We care what you think - If you have any questions, concerns, or suggestions, feel free to write them down on a piece of paper, then sign it and place it in the box. We will get back to you as soon as possible. Thanks for your help.

Monthly Bulletins– One per family, please. If you would like another copy, you can find it on our website, biddefordchurchofchrist.com. You can also listen to sermons on the website.

Updating the Prayer List - Please review the prayer list. If there is a prayer request initiated by you, it is important you contact Mike Wickwar with updates. Thank you.

Upcoming Events - Please check your calendars

Life Groups– December 1st and December 15th.

Congregational Breakfast - December 14th at 8:30 am.

Singing Nights - November 26th and December 24th.

Happy Birthday! David Lawrance December 4th
 Barbara Lemay December 13th

Happy Anniversary! Tom & Gabby Little December 14th

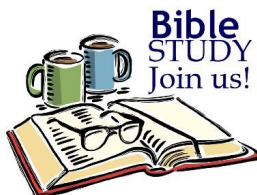
Yankee Swap Coming Sunday December 8!!!

Box tops for Education - Douglas Marescot -Container Upstairs - Ongoing

Notes: _____

MID-WEEK BIBLE CLASSES

Biddeford
Tuesdays
7:00-8:00 p.m.



YOUR ATTENDANCE WOULD BE SUCH AN ENCOURAGEMENT!

ORDER OF WORSHIP FOR TODAY

Song 2 *We Praise Thee, O God*

Announcements - Angel Velez

Opening Prayer - John Marescot

Song 202 *Joyful, Joyful We Adore Thee*

Song 334 *Tis Midnight And On Olive's Brow*

**Lord's Supper - John Carter, James Butler,
Jacob Romano**

Song 300 *Praise Him! Praise Him!*

Contribution

Song 383 *Jesus Keep Me Near The Cross*

Prayer - Angel Velez

Song 852 *When The Roll Is Called Up Yonder*

Scripture Reading - Lenny Spano

Text - Psalm 100:1-5

Lesson - Dennis Godin

Holiday Cheer

Lesson Text: ***Philippians 4:6-9***

Song 552 *Have Thine Own Way*

Closing Prayer - Tony Lemay



Song Leader: Antonio Balsamo

Greeter: Brenda Butler

Communion Prep: Jessica Damuth

NEXT WEEK'S SERVICE SCHEDULE:

Song Leader - Robert Balsamo

Opening Prayer - Elder

**Lord's Supper - Matt Sampson, Justin
Crawford, Clifford Parker**

Prayer - Joe Romano

Scripture Reading - Ruffilo Lawrance

Greeter - Jessica Damuth

Communion Prep - Amanda Bitton

WELCOME VISITORS



We here at the Biddeford church of Christ pray your visit with us today is enjoyable and uplifting. Please stay around after services so that we can get to know you better. We all strive to put Christ first in our lives and make the Bible our principle guide for living.

WE'RE ON THE WEB!

WWW.BIDDEFORDCHURCHOFCHRIST.COM
